

Fellowship Group Homework & Discussion

Getting Started

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1. Have you ever run a race? Tell of an experience and what you did to prepare for it.
2. What one idea impacted you the most from last week's sermon?

Going Deeper

3. The race of the Christian life must be run with preparedness. What do you believe to be the major elements of that preparedness?
4. In Philippians 3:13, Paul tells us to forget what lies behind and strain forward to what lies ahead. Why does Paul desire to forget what lies behind?
5. As you "strain forward to what lies ahead," describe what that might look like in each of the following areas. Add one additional area to the list for you right now.
 - Marriage:
 - Parenting:
 - Occupation:
 - Ministry:
 - _____:

Read Hebrews 12:1 & 2

6. Think on those "weights" or "hindrances" that weigh you down. Please choose one to share with your group.
7. The author of Hebrews speaks of the Christian life as an "endurance race." In 12:1, there is a significant emphasis placed on endurance. We are to persevere (keep on keeping on). In what one or two areas do you need to keep this in mind?
8. If you had to pick out just one factor that would best assist you in "running life's race," what would it be? (ex. focus on goal, discard sin, endure, etc.)
9. What is the prize referred to in I Corinthians 9:24? What makes it worth a lifetime of pursuit?
10. In verse 25, Paul speaks of "self-control" as the Christian runs life's race. Why do you believe this is such an important factor?
11. Paul, in verse 26, equates "aimlessness" with "beating the air." In what ways and with what things do people get sidetracked as life's race goes on?

12. A key purpose of our Fellowship Groups is to provide accountability.

To help with that, discuss the following questions:

- Have you been making it a regular priority to attend a Sunday morning worship service?
- Have you been faithful in making Fellowship Group attendance a top priority?
- Are you praying regularly for the members of your Fellowship Group?
- Are you caring for the physical, emotional and spiritual needs of those in your Fellowship Group?
- Are you taking steps to become more transparent with your Fellowship Group?
- Are you serving regularly in one area of ministry, preferably in your area of giftedness?
- Are you maintaining your Oikos list?
- Are you praying regularly for your Oikos list?
- What have you done this last week to reveal God to at least one member of your Oikos?



The Race

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