

Sermon Notes: My Place: Personality

Things to consider this week:

Natural Blends

Sanguine	Choleric
Outgoing	Outgoing
Optimistic	Optimistic
Outspoken	Outspoken
Witty	Decisive
Easygoing	Organized
Melancholy	Phlegmatic
Introverted	Introverted
Pessimistic	Pessimistic
Soft spoken	Soft spoken
Goal Oriented	Not Goal Oriented

The Sanguine and Choleric are blood brothers

- They are natural leaders

The Phlegmatic and Melancholy are blood brothers

- They are analytical

The Sanguine and Phlegmatic are kissing cousins

- They tend to be play oriented

The Choleric and Melancholy are kissing cousins

- They tend to be work oriented

The Sanguine and Melancholy are opposites

The Choleric and Phlegmatic are opposites

Summarize the Sermon in one sentence:

Write at least one way you can apply this sermon to your life:

Memory Verse of the week:

“Be devoted to one another in brotherly love. Honor one another above yourselves.”

Romans 12:10

Getting Started

What do you think is your best and worst personality traits?
How do these effect your interactions with others?

What does my personality indicate about the type of job
and ministry God would want me to have? What kind of
personalities might God bring into my life in order to give
me balance?

What one point sticks out in your mind from last week's
sermon?

Digging Deeper

Read Luke 10:38-60. These two sisters were close friends with
Jesus, but they had very different personalities. Which one
would be most like you if a special guest was coming to your
house, would you be like Mary or Martha?

Read this passage carefully. Was Jesus telling Martha that she
should never serve her guests? Was Jesus telling Mary that she
should never help her sister? What lessons did Luke want his
readers to learn from this event?

What aspects of your personality make it difficult for you to do
what God wants? What aspects make it easier to accomplish
His plan?

Read Matthew 14:25-31. What aspects of Peter's personality
come out in this story?

Read Matthew 16:21-23. What aspects of Peter's personality
come out in this story?

What can we learn from Peter as his personality works for and
against his walk with Christ?

Read Exodus Chapter 4. How do you see God using different
personalities to accomplish His purposes in different ways?

Read Proverbs 25:28, 16:32 and 21:2. What lessons can we
learn about how we should treat our personalities with respect
to God?

Evaluating your S.H.A.P.E. - Personality

This profile is very simple and is designed to point you in the right direction. Other tests use different titles, have numbers of categories that are tested, and certainly have different purposes driving their questions. The goal is to understand your natural tendencies, whatever they might be called.

How are you energized?

Extrovert

I get energy from:
Being with people
Working with a team

Introvert

I get energy from:
Having time alone
Working alone or one-on-one

Focusing on what is happening around me Focusing on what is happening inside me

Extrovert					Introvert
3	2	1	1	2	3
(high)		(low)	(low)		(high)

What kinds of tasks do you prefer?

Routine

I like tasks that:
Are predictable
Are similar every day
Require more action than decision

Variety

I like tasks that:
Are unpredictable
Are different every day
Require many decisions

Routine					Variety
3	2	1	1	2	3
(high)		(low)	(low)		(high)

How expressive are you?

Self-Controlled

I like to:
Reflect before I speak
Be in control of my moods
Restrain my reactions

Self-Expressive

I like to:
Express openly what I think
Express openly what I feel
Feel deeply and think strongly

Self-Controlled					Self-Expressive
3	2	1	1	2	3
(high)		(low)	(low)		(high)

How do you usually relate to others?

Cooperative

I like to:
Work together
Aim for a shared goal
Enjoy the process as much as the goal

Competitive

I like to:
Compete against an opponent
Aim for a personal goal
Win

Cooperative					Competitive
3	2	1	1	2	3
(high)		(low)	(low)		(high)

Your Personality?

	High	Low	Low	High	
Introverted					Extroverted
Variety					Routine
Expressive					Controlled
Competitive					Cooperative

Use your understanding of your personality to help you figure out what kinds of ministry you are designed for; also for the kinds of ministry you are **not** designed for. A highly introverted person might not be good on the welcome team, while an extroverted person would thrive in that role.

What kinds of things would be good for your personality mix?